

How to use your Wunda Chair Pedal Stopper

Your Wunda Chair comes with a Pedal Stopper that adjusts the foot pedal's range of motion. The base of your Wunda Chair has engraved guides that suggest three placement options for your Pedal Stopper. See Fig A.

To achieve full range of motion with the foot pedal, use your Wunda Chair without the Pedal Stopper.

1. To decrease the pedal's range of motion by 2-3/4", place the Pedal Stopper on the inscribed position closest to the front edge of the base. See Fig B.

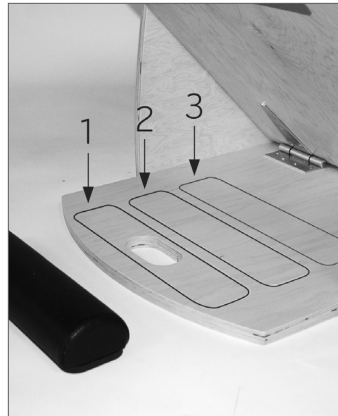


Fig A

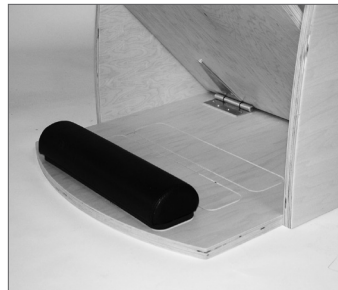


Fig B

2. To decrease the pedal's range of motion by 3-5/8", place the Pedal Stopper on the middle position outlined on the base. See Fig C.

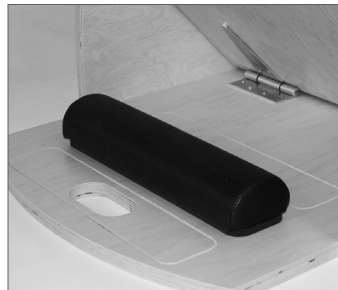


Fig C

3. To decrease the pedal's range of motion by 4-7/8", place the Pedal Stopper on the inscribed position to the rear of the base. See Fig D.

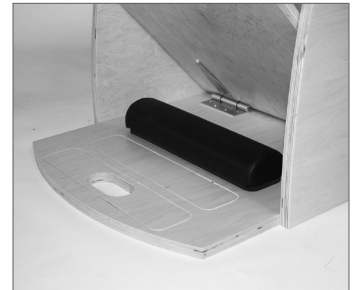


Fig D

For seated work that does not require the pedal, the pin shown in Figure 5 may be used to hold up the pedal. See Fig E.



Fig E

OPTIONAL CHAIR UPGRADES

You can easily add handles and a High Back to your Wunda Chair, as shown in Fig F and Fig G. The High Back upgrade requires the use of a drill. The handles upgrade does not require drilling. Call for more information, or visit www.pilates.com.



Fig F



Fig G