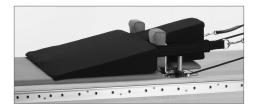
Balanced Body[®] Wedge[™] Instructions and Usage

Balanced Body developed the Wedge to help create a more comfortable experience for your clients. The unique shape fits perfectly



between the shoulder rests of any Balanced Body Reformer to support your client on a gentle incline. The Wedge can be used for:

- » Clients with neck and shoulder injuries
- » Clients who can't lie supine due to recent eye or facial surgery
- » Clients who experience dizziness when lying supine
- » Clients with postural patterns that make lying supine uncomfortable

USING THE WEDGE

To use the Wedge, place the protruding tab on the headrest with the front edge against the shoulder rests as shown in photo. The Wedge is easily modified with towels, small pillows or pads to fit your client.

CLEANING AND MAINTENANCE

The Wedge is covered in the same high quality vinyl as your Reformer so it can be cleaned with gentle soap and water or antibacterial wipes.

QUESTIONS?

Call Balanced Body Technical Assistance at +1-916-388-2838

Contact Us 1-800-PILATES | +1-916-388-2838 pilates.com | info@pilates.com 400-206 | 06.29.18

