

Installing the Tilting Jumpboard Posts on the Allegro 2 Reformer

Parts list:

Part number	Description	Qty
617-069	Jumpboard Posts w/Detent Pins	2
GEN9282	5/32" Allen Hex Key	1

Installing the new Tilting Jumpboard Posts will force the jumpboard, when installed in your Allegro 2 Reformer, to be tilted away from the carriage. This auto-tilting will eliminate any rocking of the jumpboard and noise during use. The detent pins are pre-installed to a common depth, no adjustments should be necessary, over time minor adjustments may be required see steps 6, 7 and 8.

REMOVE OLD JUMPBOARD POSTS:

1. Lay your Allegro 2 Jumpboard flat on the ground with the padded surface facing down.
2. Using the provided Allen Hex Key remove the (3) flat head screws that are securing the current post to the back of the jumpboard. Keep these screws, they will be re-used and repeat for the other post. See Figure A

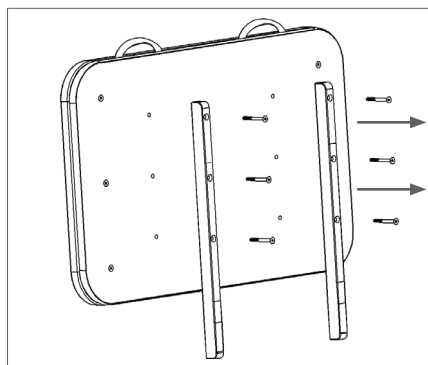


Figure A

INSTALL NEW TILTING JUMPBOARD POSTS:

3. Place a new post on the back of the jumpboard such that the countersunk holes face up. The end of the post that hangs off the jumpboard will be opposite the handles.

There should be a little ball facing up at the bottom of the post near the radius corner, See Figure B.

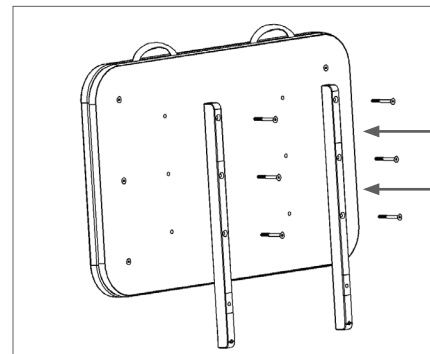


Figure B

4. Use the provided Allen Hex Key to install the (3) flat head screws securing the post to the back of the jumpboard. Repeat for the other post.

5. Your Tilting Jumpboard is now ready to use.

ADJUSTING YOUR TILTING POSTS:

6. With the new posts, the detent pins will give some resistance with installing your jumpboard into your reformer. If this resistance goes away and your jumpboard starts rock during use, you can adjust the detent pins.
7. **TIGHTEN ADJUSTMENTS:** Use the provided Allen Hex key to thread the detent pins deeper into holes. Only turn each detent pin 1/8 turn clockwise. Test the jumpboard to see if goes in and out of the post holes and is tilting away from the carriage. If more adjustment is required repeat the detent pin adjustment.
8. **LOOSEN ADJUSTMENTS:** If your jumpboard does not drop into the post openings, the detent pins need to be retracted. Use the provided Allen Hex key and turn each detent pin 1/8 turn counter clockwise. Test to see if this allows the jumpboard to go in the posts openings. Make more adjustments as necessary.